

# SENSORY BOTTLES

## Infant/Toddler Sensory Activity

<http://theimaginationtree.com>

To make sensory bottles you would need to collect some water bottles, and materials that make different sounds or reflect light. Place the materials inside the bottle and secure it with hot glue or tape over the cap to avoid spilling since some of the items might cause choking. Following are some examples and ideas that can be used in creating sensory bottles for infants and toddlers.



1. Water with brightly colored pony beads for noise, color and movement.
2. Ripped pieces of tin foil for gentle, slow movement, and reflection of light.
3. Red water mixed with 1 cm of vegetable/baby oil, for mixing and separation of liquids.
4. Brightly colored, twisted pipe cleaners for visual interest.
5. Blue water and a variety of sea shells for gentle sounds and interesting sounds to examine.
6. Water, plastic crystals and a large amount of silver glitter for noise and beautiful movement and dispersement.
7. Yellow water with a large squirt of dish liquid soap for shaking and creating bubbles and froth. Fill the bottle yellow water half way, leaving space for bubbles.
8. Mixture of pom poms in various colors and sizes, for visual stimulation and early math concepts.
9. Colored, shaped buttons for fabulous noise and exciting colors.